

Bud Furillo's

**Quick  
 Steam  
 & a Rub**



## 'Windmill' White and me

My last trip to the White House came on an eastern swing with the Angels in 1962. It was arranged by Pierre Salinger, the press secretary for John Fitzgerald Kennedy. Salinger had been introduced to me by Pete Rozelle.

They were classmates at USF at a time when Bill Russell and K.C. Jones led the Dons to a couple of NCAA championships before moving on to the Celtics to make Red Auerbach a legend.

I was in the White House last Saturday night — the one in Ojai on Fulton Street, owned by Jay and Mary Ann Beiner. She's the sister of Ray "Windmill" White. Ray was a light-heavyweight contender who wrapped up his career in 1974 with a record of 44-17-1.

Now 68, he said to me, "You were old when you covered my fights."

Just a minute. I resemble that remark! My 81st is on the horizon.

Mary Ann invited me to watch the fight between Sugar Shane Mosley and "El Feroz," Fernando Vargas.

The customary pre-fight controversy developed when Vargas sought permission to have Gatorade to drink between rounds. It appeared that somebody slipped in some of Jim Jones Kool-Aid before the sixth round.

The ferocity was removed from Vargas. He was knocked silly by a left hook, barely beat the count and a couple of punches later, referee Kenny Bayless stepped between them to end it.

No form of protest was offered by Vargas, which was the case in their previous Las Vegas bout when his left eye blew up like a balloon.

It was reminiscent of the injury suffered by Carmen Basilio in a bout with Sugar Ray Robinson for the middleweight title.

Mosley and Vargas were dealing for the WBA light-middleweight crown. Both made the weight of 154 at the weigh-in on Friday.

Both weighed 168 for the opening bell! Windmill and I groused about this. Weigh-ins were conducted the morning of the bouts for more than a century.

They are meaningless now. Windmill will flail his arms for flight to Frankfurt next week.

"I like to travel," he said. There couldn't have been 200 people in the MGM Grand Stadium for the prelims.

Then, just like magic, the arena was full for the main event. The management must keep the patrons in restraints at games of chance until the principals leave their dressing rooms.

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Bud Selig has a problem monitoring the weight of umpires again. I spotted a belly at third base masquerading as an ump in a game between the White Sox and the Yankees Friday night in the Bronx.

Baby Ruth has become the official candy bar of Major League Baseball. Again, I must inform new readers the tasty bar was named for the daughter of President Grover Cleveland, not George Herman "Babe" Ruth.

Listening to Hawk Harrelson broadcast for the Chisox reminds me of the time he rode Charlie Finley's mule for 50 bucks. Finley and the mule are gone, but "The Hawk" continues to blow out from U.S. Cellular Field.

**Editor's Note:** This will be Bud Furillo's last column; it was written Monday.



Photo by Kaila Williams/ Brooks Institute of Photography

Nicole Bergmann of Nordhoff, right, gets shut down by an opponent during Nordhoff's fourth annual Midsummer Madness Tournament.

## Ventura dominates NHS hoop tourney

Chaos threatened to reign at the last minute, but organizers pulled off the fourth annual Midsummer Madness Tournament, sponsored by Nordhoff girls' basketball, last weekend.

Usually held at Nordhoff's gym, the tournament had to be relocated to Ventura High School Saturday and Sarzotti Park Sunday due to construction at NHS.

In the varsity tournament, Ventura took the title, with Cougar Victoria Brubaker taking Most Valuable Player and teammate Kelly Wood taking Best Defensive Player.

In the junior varsity tournament, Ventura won as well, with Ventura's Kristen Wilson being named Most Valuable Player.

Last year, as well, Ventura took both the junior varsity and varsity tournaments; Nordhoff varsity took first in 2003, and was runner-up in 2005.

### Varsity Tournament Pool A Results

• Nordhoff beat Carpinteria, 33-24; Rio Mesa beat Nordhoff,

46-41; Rio Mesa beat Carpinteria, 53-25.

### Pool B Results

• Channel Islands beat Villanova, 58-31; Ventura beat Channel Islands, 36-19; Ventura beat Villanova, 76-33.

### Varsity finals

**Fifth place game:** Villanova beat Carpinteria, 58-37.

**Third place game:** Channel Islands beat Nordhoff, 63-43.

**Championship:** Ventura beat Rio Mesa, 63-39.

### Junior Varsity Tournament Pool A Results

• Ventura beat Nordhoff, 84-10; Ventura beat Thousand Oaks, 67-24; Thousand Oaks beat Nordhoff, 60-6.

### Pool B Results

• Rio Mesa beat Hueneme, 46-45; Agoura beat Hueneme, 52-38; Agoura beat Rio Mesa, 63-44.

### Junior varsity finals

**Fifth place game:** Hueneme beat Nordhoff, 64-17.

**Third place game:** Rio Mesa def Thousand Oaks, 48-46

**Championship:** Ventura beat Agoura, 71-42.

## Noah Watch

San Francisco southpaw falters vs. Phillies

It was a different Phillies team than Noah Lowry has faced in years past, and it showed after the first inning at AT&T Park last Saturday.

"Noah had a beautiful first inning," Giants manager Felipe Alou told MLB.com, "as good an inning as you'd like to see him or any pitcher go ahead, 1, 2, 3, with a strikeout."

But then things sort of fell apart from there. Over just three and one-third innings, Ojai native Lowry allowed a total of six runs — unusually high for Lowry, whose lifetime ERA is 3.89.

To Lowry's credit, it seemed everyone was having an off-day; the relievers gave up an additional eight runs once Lowry returned to the dugout for the night.

And so it went, until the Giants walked off the field with the painful 14-6 loss.

"It's something I'll try to put behind me and move on to the next one," Lowry told MLB.com.

Lowry's had a tough season so far, but did have a two-win run streak prior to the Phillies

game.

"I'm a guy that has to have feel — I'm not going to overpower guys. Everybody knows that," Lowry told MLB.com. "I have to have my mechanics fundamentally sound so I can make pitches. Today, I didn't do a good job of it and I paid for it."

Lowry's Major League baseball career totals with the San Francisco Giants are as follows:

Wins	23
Losses	19
Games	67
Innings pitched	381.2
Hits	371
Runs	175
Earned runs	165
Walks	134
Strikeouts	283
ERA	3.89



## May takes on horse world

Local Realtor Leslie May of Re/Max Gold Coast Realtors recently participated in the Eventing World Cup Series International Horse Trials at Galway Downs in Temecula.

Having placed in the top three in her division she continues her quest at Rebecca Farms in Kaispell, Mon. this month. Rebecca Farms is a popular spot for equestrians aspiring to be placed on the U.S. Equestrian Team, said May.

Eventing is an equine competition that includes the disciplines of dressage, cross-country jumping and show jumping. The same horse and rider teams perform these three tests in three days. First introduced as a sport in the 1912 Olympic Games, Eventing was designed to re-enact past uses for horses. The three tests Eventing equestrians complete are the same tests once used for military cavalry horses.

Dressage, which has evolved

into something of a dance, involves compulsory moves, invisible cues from rider to horse, and displays the horse's obedience — a characteristic vital to soldiers for hundreds of years.

The cross-country phase brings horses and riders to an off-road course with many obstacles, such as dangerous roads, fallen logs, and swampy roads. The catch is that horses must plow through the course at full speed, or as close to it as possible. These tasks were also important for soldiers, who needed horses with high levels of stamina, speed, courage and agility. Cross-country also displays the rider's ability to guide the horse through rough areas and also to set a sustainable pace.

The final test, stadium jumping, is done in a flat arena with obstacles of various heights. This proved that after a day of great exertion on the battlefield

the horse and rider would have the ability to enter the fray again the next day.

Although women were not allowed to compete in Eventing — often called the triathlon of the horse world — until 1964, women and men now compete against one another side by side.



Photo submitted

Leslie May, local Realtor

## SPORTS SHORTS

### Let's box!

Boxing is a great workout, and helps improve discipline and endurance in youths. The ORD has joined with Sylva's Gym in Ventura to offer a boxing program for kids 12 to 18.

Each Monday and Wednesday from 4 to 6:30 p.m., kids will train with certified coaches in all aspects of the sport.

Gym dues are \$50 per month, which includes transportation from either Sarzotti Park or the Oak View Park and Resource Center.

For more information, call the ORD at 646-1872.

### Take a surf safari with Warren

#### Glaser and ORD

The Ojai Recreation Department and Warren Glaser are again offering their Summer Surf Safari surfing camp.

Glaser, who is an experienced ocean expert, has taught this class for the ORD for a number of years. Using soft surfboards, Glaser will instruct students in the basics of surfing, including surf etiquette.

Participants must be confident ocean swimmers ages 9 to 15. All gear is provided, as is transportation to the beach each day. Water shoes are recommended, but not required.

Students must arrive at the ORD before the 8:30 a.m. departure time. Students will return to the ORD around 1:30 p.m. each day.

The first two camps have come and gone, but several more remain. Camp three runs July 24 to 28, and camp 4 runs July 31 through Aug. 4.

Adults have their own classes, too; those 18 and older can join Glaser Sept. 16 and 23, or Sept. 14 and 21 (both are Saturdays). Classes run 9 a.m. to 1 p.m. Locations depend on surfing conditions. For more information, call the ORD at 646-1872.

### ORD Fitness Center open for summer workouts

Need to get in shape for bathing suit season? Need to build strength for football in the fall? Look no farther than the Ojai Recreation Department's Teen Fitness Center. It offers all the equipment of traditional gyms, but charges a fraction of the price.

Teens 14 to 19 can stop by Monday through Friday from 6 to 9 p.m. Drop-in is \$3 per day, and a month membership is \$20.

The program is run by Gary Ryan, NSCA program coordinator. Ryan has special programs

for athletes of all sports, especially football and basketball.

The cost for special sports training is \$50 per month or \$75 per month with nutrition counseling. Training times are flexible, but meet three times per week.

Private lessons are also available; Ryan can create specific workouts and nutrition schedules for everyone, including those with disabilities or injuries.

Pre-season basketball and football training begins July 31. Athletes will train each weekday from 9 to 11 a.m.

For more information, call the ORD at 646-1872, or drop by the Teen Fitness Center, located above the gymnasium at the ORD.

### Assistant cross country coach needed for Nordhoff

Nordhoff High School is currently seeking an assistant cross country coach for the 2006-2007 school year, to help head coach Javier Ramirez.

For more information, contact NHS athletic director Dick Sebek at 640-4343, Ext. 1802.

### Feeling sporty?

The ORD hosts ongoing drop-in sports throughout the summer. Pick-up pingpong is held on Thursday from 7:30 to 9:30 p.m. (\$2 at the door; all others are \$3 at the door).

Ultimate Frisbee is held Friday from 6 to 8 p.m. Basketball is held Saturday from 6 to 9 p.m. and Sunday from 4 to 6:30 p.m.

Volleyball is held every Sunday from 6:30 to 9 p.m.

Or, try the ORD game room, located in the Boyd Center. With pingpong, air hockey, pool and more, the room is open Fridays from 6 to 10 p.m.

### Dance and fight at the same time with capoeira

Learn the Brazilian martial art of capoeira right here in Ojai.

Sometimes referred to as "dance-fighting," capoeira is actually a martial art set to rhythmic music that guides the sparring pair so that they almost seem to be dancing.

Participants will notice increases in flexibility, agility, coordination, rhythm and strength.

In addition, all participants will learn the songs and instruments that are so important to capoeira culture.

Classes are held at the ORD Tuesday from 4 to 5 p.m. (for ages 8 to 13) and Tuesday from 5 to 6:15 p.m. (for ages 14 and up).

Drop in for \$14 per session, or sign up for the next full

session (running Aug. 29 to Sept. 26). For more information, call 646-1872.

### Eagles seek players

The Ojai Eagles youth football club is looking for boys ages 8 to 14 interested in having fun and playing some football.

Registration is being taken until Aug. 7 (first day of practice). The fee is \$225 per football player, and travel is required for away games.

For more information, call Eagles President Brian Wadsworth at 649-8114.

### Britannia heads back to OVS July 30

For the 25th year a large number of players from all over Southern California will be attending Britannia Soccer Camp, a one-week coaching session running July 30 through Aug. 4.

The camp is for girls and boys ages 5 through 16, and is a boarding and day camp for players to improve their playing skills and develop team tactics.

The Junior Camper Program is available for players ages 5 through 7; this program runs from 8:45 a.m. until noon, July 31 to Aug. 4.

Participants will learn from professionals to improve their individual technique.

For more information, call Ojai Valley School's Lower Campus at 646-1423.

### Play soccer for 'Nova

Villanova's soccer program is hosting their third annual Villanova Cup on July 29.

Participants will be rostered on 10-player teams and compete in a minimum of three seven-a-side, 40 minute games.

Teams will be "recruited" and "coached" by members of the VPS girls' soccer team. Matches will be held on the upper field at VPS. Participants will enjoy a tri-tip barbecue after the games.

The cost is \$30 per person, with proceeds benefitting VPS girls' soccer.

Contact John Hadidian at 450-6357 or e-mail at novasoccer@msn.com for registration information.

### CORRECTION

On last Friday's sports page in the "Noah Watch" column, it was mistakenly written that Lowry hit his first home run off of the Los Angeles Angels of Anaheim, when, in fact, Lowry hit the homer against the Los Angeles Dodgers. A headline for the Soule Park Pro/Am also listed Zach King as winner, when, in fact, it was Paul Holtby who won the professionals tournament.

We apologize for the errors.